



# Harvest Energy Trust

## Harvest Energy Trust – News Release (HTE.UN – TSX)

### HARVEST ENERGY TRUST CONFIRMS JANUARY 17<sup>TH</sup>, 2005 DISTRIBUTION

**Calgary, December 16, 2004 (TSX: HTE.UN)** – Harvest Energy Trust (“Harvest”) today announces that a cash distribution of \$0.20 per trust unit will be paid on January 17<sup>th</sup>, 2005 to Unitholders of record on December 31<sup>st</sup>, 2004. Harvest trust units are expected to commence trading on an ex-distribution basis on December 29<sup>th</sup>, 2004. This distribution amount represents Distributable Cash earned in the month of December 2004.

Harvest Energy Trust is a Calgary-based energy trust actively managed to deliver stable monthly cash distributions to its Unitholders through its strategy of acquiring, enhancing and producing crude oil, natural gas and natural gas liquids. Harvest trust units are traded on the Toronto Stock Exchange (TSX) under the symbol “HTE.UN”. Please visit Harvest’s website at [www.harvestenergy.ca](http://www.harvestenergy.ca) for additional corporate information and recent corporate presentations.

#### Investor & Media Contacts:

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