



Harvest Energy Trust

Harvest Energy Trust – News Release (HTE.UN – TSX)

HARVEST ENERGY TRUST CONFIRMS APRIL 15TH, 2005 DISTRIBUTION

Calgary, March 14, 2005 (TSX: HTE.UN) – Harvest Energy Trust (“Harvest”) today announces that a cash distribution of \$0.20 per trust unit will be paid on April 15th, 2005 to Unitholders of record on March 31st, 2005. This distribution amount represents Distributable Cash earned in the month of March 2005. As previously announced on February 28th, 2005, a special distribution of \$0.252 payable in trust units will also be paid on April 15th, 2005 to Unitholders of record on March 31st, 2005. Harvest trust units are expected to commence trading on an ex-distribution basis on March 29th, 2005.

Harvest Energy Trust is a Calgary-based energy trust actively managed to deliver stable monthly cash distributions to its Unitholders through its strategy of acquiring, enhancing and producing crude oil, natural gas and natural gas liquids. Harvest trust units are traded on the Toronto Stock Exchange (TSX) under the symbol "HTE.UN". Please visit Harvest's website at www.harvestenergy.ca for additional corporate information and a recent corporate presentation.

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